

CLAIMS

1. A method of manufacturing a soybean-derived food material, characterized in that water-added okara is boiled, and then
5 washed in either cold or warm water.
2. A method of manufacturing a soybean-derived food material, characterized by comprising a swelling step of immersing soybeans in water to swell the soybeans, a water addition step of adding water to the swollen soybeans, a boiling step of
10 boiling the swollen soybeans in the added water, a mashing step of mashing the boiled soybeans, and a washing step of washing the paste produced from the mashed soybeans.
3. The method of manufacturing a soybean-derived food material according to claim 1 or 2, wherein the soybean-
15 derived food material is formed as fine particles of 20 to 50 microns
4. A processed food comprising a soybean-derived food material manufactured by the method according to any one of claims 1 to 3.